

**PATIENT CONFIDENTIAL MEDICAL HISTORY**

**TODAY'S DATE:** \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Marital Status: Married / Widow/er / Dependent / Domestic Partner

How many people live with you? Adults \_\_\_\_\_ Children \_\_\_\_\_

Occupation: \_\_\_\_\_ Retired / Student / Employer: \_\_\_\_\_

**CHIEF COMPLAINT**

Reason for visit: Pain / Numbness / Weakness / Other \_\_\_\_\_ Any labs or x-rays? \_\_\_\_\_

What body part is involved? \_\_\_\_\_ What side? Right / Left / Both

How long has this problem been present? \_\_\_\_\_ Days / Weeks / Months

Have you been seen by someone else for this problem? Yes / No Who? \_\_\_\_\_

How did your problem start? No Injury / Injury (Date of Injury: \_\_\_\_\_) / Gradual / Sudden

Please explain:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The pain is: Constant / Comes and goes (intermittent)

Severity of pain: 0 1 2 3 4 5 6 7 8 9 10

What does the pain feel like?: Sharp / Dull / Stabbing / Throbbing / Aching / Burning

Other, please explain: \_\_\_\_\_

Are there other symptoms?: Swelling / Numbness / Weakness

Since my problem started, it is: Getting better / Getting worse / Unchanged

What makes your symptoms worse?: Activity / Exercise / Work

Other, please explain: \_\_\_\_\_

What makes your symptoms better?: Rest / Heat / Ice / Elevation

Other, please explain: \_\_\_\_\_

What medications have you taken or been prescribed for this problem?

\_\_\_\_\_

Which if any treatments have you tried?: Injections / Bracing / Physical Therapy / Cane / Crutch / Other

\_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_